AGENDA

10th ICMH 2026

INTERNATIONAL CONFERENCE ON MEDICAL & HEALTH SCIENCES

26 – 28 NOVEMBER 2026

Venue: Terma Linca Resort & Spa, South Babesa, Thimphu, 11001, Bhutan

CONFERENCE THEME

"Advancing Health and Medical Education for a Sustainable Future: Innovation, Prevention & Collaboration"

SUB-THEMES	
1	Health Workforce & Medical Education
2	Digital Health & AI in Healthcare
3	Lifestyle Modification for Health & Well-being
4	Planetary Health & Emerging Global Health Challenges

SUPPORTED BY:

World Health Organization Bhutan

International Vaccine Institute

JICA

JAPAN • BHUTAN ANNIVERSARY

DAY 1: Inaugural Ceremony & Symposium

Thursday, 26 November 2026 | 0800–1700 Hrs

Inaugural Ceremony

Venue: Main Hall-A, Terma Linca Resort & Spa

[0800–1040]

Time Slot (BST)	Program	Particulars/Responsible
0800–0840	Registration of Participants	ICMH 2026 Secretariat
0850	Arrival of Invited Guests	ICMH 2026 Secretariat
0900	Arrival of Chief Guest – His Excellency Lyonpo Tandin Wangchuk	Health Minister, Ministry of Health (MoH)
0905–0925	Offering of Marchang ceremony	Drungtsho Sangay Wangdi, Dean, FoTM, KGUMSB
0925–0930	Recitation of Zhabten for the long life of His Majesty The King	All
0930–0940	Welcome Address	Dr. Pem Namgyal, Hon'ble President, KGUMSB
0940–0950	Keynote Address	Dr. Bhupinder Kaur Aulakh, WHO Representative, WHO Country Office, Thimphu
0950–0955	Launch of Abstract Booklet & Bhutan Health Journal Vol.12, Issue 2, Nov-Issue, 2026; and Journal of Traditional Medicine & Sowa Rigpa Vol.3, Issue 2, Nov-Issue 2026	The Hon'ble Chief Guest
0955–1005	Address by Hon'ble Chief Guest	H.E Lyonpo Tandin Wangchuk, Health Minsiter
1005–1015	Vote of Thanks	Mr. Rixin Jamtsho, Director, MECRIT, KGUMSB
1015–1030	**Photography session, followed by High Tea!**	
1100 on-wards	**Symposia sessions:** 1. Symposium on ***Respiratory Health*** (Main Hall-A) 2. Symposium on ***IVI-Advancing Immunization & Disease Surveillance: Integrating RWE, Genomics, and Field Implementation***, followed by ***Building the Future of Health and Well-being in Bhutan: Digital Health, Biobank and Innovation*** (Hall-B) **Note:** Symposium rooms will be announced by the MC. Participants may attend the symposium of their choice or interest.	

DAY 1 – Symposium 1: Respiratory Health (Main Hall-A)

Thursday, 26 November 2026 | 1100–1730 Hrs

Time Slot (BST)	Topic / Title	Session	Presenter: Title & name, designation, institution, country
I. Session A			**[2 hrs]**
Moderators: Prof. Ee Ming Khoo, Professor, Universiti Malaya (UM) (Chair) & Dr. Pema Tenzing, Commandant, RBA Hospital (Co-chair)			
1100–1120	RESPIRE Global Health Unit in Respiratory Health – applied health research across 7 Asian countries	**S1-IA.1**	Prof. Harry Campbell (Professor), University of Edinburgh, UK
1120–1140	Lancet Global Health Commission on increasing access to medical oxygen	**S1-IA.2**	Dr. Ahmed Ehsanur Rahman (Scientist), icddr,b, Bangladesh
1140-1210	RSV global burden of disease and immunisation strategies	**S1-IA.3**	Prof. Harish Nair (Professor), University of Edinburgh, UK
1210-1240	RSV surveillance in Bhutan	**S1-IA.4**	Mr. Kunzang Dorji (Dy. Chief Laboratory Officer), RCDC, Ministry of Health (MoH), Bhutan
1240-1300	RSV immunisation acceptability studies	**S1-IA.5**	Dr. Girish Dayma (Sr. Researcher), KEM Hospital Research Centre, India
1300–1400	**Lunch / Meal Break**		
II. Session B			**[1 hr 20 mins]**
Moderators: Mr. Karma Jamtsho, Director, Dept. of Public Health (DoPH), MoH (Chair) & Prof. Ee Ming Khoo, UM (Co-chair)			
1400–1420	KAP influenza vaccine study in Bhutan	**S1-IIB.1**	Ms. Cheten Zangmo (Program Officer), DoPH, MoH, Bhutan
1420–1440	Bhutan Chronic Respiratory Diseases Survey	**S1-IIB.2**	Dr. Thinley Dorji (Medical Specialist), Central Regional Referral Hospital (CRRH), Gelephu, Bhutan
1440–1500	RESPIRE CRD initiatives and PURE trial	**S1-IIB.3**	Prof. Hilary Pinnock (Professor), University of Edinburgh, UK
1500–1520	CRD patient pathways	**S1-IIB.4**	Dr. Hani Salim (Senior Lecturer), Universiti of Putra Malaysia, Malaysia
1530–1600	**Nutrition Break (Evening Tea / Coffee & Snacks)**		

III. Session C			**[1 hr 30 mins]**
Moderators: Prof. Hiliary Pinnock, Professor, University of Edinburgh (UoE) (Chair) & Dr. Thinley Dorji, Medical Specialist, CRRH, Gelephu, Bhutan (Co-chair)			
1600–1615	Global perspectives on delivery of pulmonary rehabilitation	**S1-IIIC.1**	Dr. Soo Chin Chan (Associate Professor), Universiti Malaya, Malaysia
1615–1630	Bhutan PR feasibility study	**S1-IIIC.2**	Dr. Mimi Lhamu Mynak (Pediatrician), NMS, Bhutan
1630-1700	**Panel Discussion:** How to develop a sustainable pulmonary rehabilitation service in Bhutan?	**S1-IIIC.3**	1. Dr. Soo Chin Chan (Associate Professor), University Malaya, Malaysia 2. Ms. Karma Lhaki (HOD), Dept. of Physiotherapy, JDWNRH, Bhutan 3. Major (Dr.) Yeshey Om Tshering
1700-1715	WHO and respiratory health in Bhutan	**S1-IIIC.4**	Dr. Bhupinder Kaur Aulakh (WR), WHO CO, Bhutan
1715-1730	**Q&A session** – followed by closing remarks of the symposium 1 on Respiratory Health & presentation of **mementos** to **invited speaker, moderators & presenters**		

END of Day 1 - Symposium on Respiratory Health!

Note: Symposium on ***Infectious Diseases*** tomorrow will be in **Hall-B.** Rooms will be announced by the MC. Participants may attend the symposium of their choice or interest.

DAY 1 – Parallel Symposia 2: Advancing Immunization & Disease Surveillance: Integrating RWE, Genomics, and Field Implementation (IVI); and Digital Health, Biobank & Innovation (JICA) (Hall-B)

Thursday, 26 November 2026 | 1100–1700 Hrs

Time Slot (BST)	Topic / Title	Session	**Presenter:** Title & name, designation, institution, country
I. Session A: IVI Symposium on *Advancing Immunization & Disease Surveillance: Integrating RWE, Genomics, and Field Implementation*			**[1 hr 40 mins]**
Moderator: Dr. Dorji Tshering, Chief Medical Officer, Phuentsholing General Hospital, NMS, MoH (Chair)			
1100–1115	Keynote Address	**S2-IA.1**	Prof. Florian Marks (Deputy Director General & Co-Director, Hong Kong Jockey Club Global Health Institute), EPIC, International Vaccine Institute (IVI), South Korea
1115–1130	Therapeutics in a pandemic setting: from strategy to implementation	**S2-IA.2**	Prof. Duncan Richards (Head, Department of Medicine; DM, FRCP), University of Cambridge, UK
1130–1145	Immunisation: past, present and future - **REGRET**	**S2-IA.3**	Prof. Maheshi Ramasamy (MBChB, DPhil, FRCP), University of Oxford, UK
1145–1200	Real World Evidence informing Public Health policies - **[Online/Virtual Presenter]**	**S2-IA.4**	Dr. Birkneh Tadesse (Associate Director General), IVI, South Korea
1200-1215	Genomics, AMR tracking and affordable sequencing *(suggested)*	**S2-IA.5**	Prof. Gordon Dougan (President, UK Microbiology Society), University of Cambridge, UK
1215-1230	Field research in resource-limited settings	**S2-IA.6**	Prof. Raphaël Rakotozandrindrainy (Head, Madagascar Institute for Vaccine Research, MIVR), University of Antananarivo (UoA), Madagascar
1230-1245	Integrating Clinical AMR Surveillance with Whole Genome Sequencing	**S2-IA.7**	Dr. Camille Dauvergne (Associate Research Scientist), IVI, South Korea
10 mins	**Q&A session** – based on the above presentations; followed by presentation of **mementos** to **invited speaker, moderators & presenters**		
1300–1400	**Lunch / Meal Break**		

END of Day 1 – IVI Symposium on Advancing Immunization & Disease Surveillance: Integrating RWE, Genomics, and Field Implementation!

II. Session B: JICA Symposium on *Digital Health, Biobank & Innovation - Bhutan's Vision for Digital Health Transformation*			**[40 mins]**
Chairperson: Mr. Shotaro Togawa, Japan International Cooperation Agency (JICA), Japan			
1400–1405	Opening remarks	**S2-IIB.0**	Dasho Pemba Wangchuk (Secretary), Ministry of Health (MoH), Bhutan
1405–1415	National Digital Health Strategy and Bhutan's Vision for Future Healthcare Transformation	**S2-IIB.1**	Dr. Mongal Singh Gurung (Principal Research Officer), Health Informatics & Research Division (HIRD), MoH, Bhutan
1415–1425	Four Banks Project: Progress, Lessons Learned, and Future Opportunities	**S2-IIB.2**	Ms. Tashi Choden (Project Manager), Digital Service Operations & Maintenance, Government Technology Agency (GovTech), Bhutan
1425–1430	Bhutan-JICA Cooperation in Health and Digital Transformation	**S2-IIB.3**	Mr. Norio Kasahara (Senior Advisor of Health), JICA, Japan
10 mins	**Q&A session** – based on the above presentations		
III. Session C: *Japan's Experience in Biobank and Health Data Ecosystems – Tohoku Medical Megabank Organization (ToMMo)* – Chairperson to facilitate			**[40 mins]**
1440–1450	Building Tohoku Medical Megabank Organization (ToMMo): History, Vision, and Health Data Utilization Ecosystem	**S2-IIIC.1**	Prof. Fuji Nagami (Professor), Tohoku University, Japan
1450–1500	Participant Recruitment and the Three-Generation Cohort Study	**S2-IIIC.2**	Prof. Taku Obara (Professor), Tohoku University, Japan
1500–1510	Development and Operation of Integrated Research Databases	**S2-IIIC.3**	Prof. Soichi Ogishima (Professor), Tohoku University, Japan
10 mins	**Q&A session** – based on the above presentations		
1530–1600	**Nutrition Break (Evening Tea / Coffee & Snacks)**		
IV. Session D: Interactive Session: *Building the Future of Health and Well-being in Bhutan – What's Next After Digital Health Infrastructure?*			**[45 mins]**
Moderator: Mr. Atsushi Yamanaka, Senior Advisor of Digital Transformation, JICA, Japan			
1600–1607	Future Research Opportunities Leveraging Health Data and the Upcoming Medical Biobank	**S2-IVD.1**	Dr. Jigme Yoezer (Focal Digital Health & Innovation Unit (DHIU-GMC) & Medical Officer), CRRH, Bhutan
1607–1614	Data Governance and Cybersecurity: Key Considerations for Promoting Secondary Use	**S2-IVD.2**	Mr. Atsushi Yamanaka (Senior Advisor of Digital Transformation), JICA, Japan

1614–1645	**Interactive Session:** Following Q&A + Audience Interaction, Final Remarks from all the speakers *(1 min each)*	**S2-IVD.3**	Moderator to facilitate the session
	Suggested Themes: 1. Opportunities and challenges to make use of Four Banks 2. Pathways from health data to innovation and economic development 3. Partnerships among government, academia, development partners, and industry		- Mr. Mongal Singh Gurung - Ms. Tashi Choden - Mr. Rixin Jamtsho - Prof. Fuji Nagami - Prof. Taku Obara - Prof. Soichi Ogishima - Mr. Norio Kasahara - Mr. Atsushi Yamanaka
1645–1650	Closing remarks		Dasho Pemba Wangchuk (Secretary), Ministry of Health (MoH), Bhutan
1650–1700	Presentation of **mementos** to **invited speaker, moderators & presenters.** **Networking** - Participants are welcome to network informally or leave the venue at their convenience. No formal facilitation will be provided.		

END of Day 1 – JICA Symposium on Digital Health, Biobank & Innovation!!

DAY 2: Main Scientific Sessions (Main Hall-A)

Friday, 27 November 2026 | 0900–1700 Hrs

Time Slot (BST)	Topic / Question(s)	Session	**Presenter:** Title & name, designation, institution, country
I. Session A: MAIN SCIENTIFIC Session – Opening			**[40 mins]**
0900–0920	Keynote Address	**MS-IA.1**	Dr. Pem Namgyal (President), KGUMSB, Bhutan
0920–0940	Address	**MS-IA.2**	Dr. Vivek Lal (Director), PGIMER, India
II. Session B: SUB-THEME 1 - Health Workforce & Medical Education			**[1 hr 40 mins]**
Moderators: Dr. Tashi Tenzin, Consultant Neurosurgeon, JDWNRH (Chair) & Mr. Nima Sangay, Dean, FNPH, KGUMSB (Co-chair)			
0940–1000	**Invited Speaker** - Sub-Theme 1	**MS1-IIB.0**	Lyonpo Thakur S Powdyel (Former Education Minister), Bhutan
1000–1015	Reducing Medication Prescription Errors at Eastern Regional Referral Hospital, Mongar, Bhutan, 2026: A Quality Improvement Project	**MS1-IIB.1**	Dr. Yeshey Dorjey (MFM specialist), ERRH-Monggar, Bhutan
1015–1030	Audit on Surgical Resection Margin and Surgical-Site Infection from a Peripheral Onco-Surgical Centre in Sri Lanka - **[Online/Virtual Presenter]**	**MS1-IIB.2**	Dr. Sampath Herath (Consultant Paediatric Surgeon), Ministry of Health, Sri Lanka
10 mins	**Q&A session** – based on the above presentations		
1040–1110	**Nutrition Break (Morning Tea / Coffee & Snacks)**		
1110–1125	Clinicopathological Characteristics and Axillary Lymph Node Status in Operable Breast Cancer: A Retrospective Study from a Tertiary Oncology Centre in Sri Lanka	**MS1-IIB.3**	Dr. Jayanth Yoganathan (Senior Registrar/Surgical Oncology), National Cancer Institute, Ministry of Health, Sri Lanka
1125–1140	Evaluation of Knowledge, prevalence and factors associated with occupational hazards during clinical practices among nursing students in Bhutan: A cross-sectional study	**MS1-IIB.4**	Mrs. Sangay Zam (Senior Lecturer), FNPH, KGUMSB, Bhutan
10 mins	**Q&A session** – based on the above presentations; followed by presentation of **mementos** to **invited speaker, moderators & presenters**		
III. Session C: SUB-THEME 2 – Digital Health & AI in Healthcare			**[1 hr 40 mins]**
Moderators: Dr. Jigme Yoezer, Focal Digital Health & Innovation Unit (DHIU-GMC) & Medical Officer, CRRH (Chair) & Mr. Kinley Dorjee, Health Informatics & Research Division (HIRD), MoH (Co-chair)			

1150–1210	**Invited speaker** - Sub-Theme 2	**MS2-IIIC.0**	Mr. Tshering (Chief Program Officer), Data Science & AI Division, GovTech Agency, Bhutan
1210–1225	A Hawkes Process framework for understanding imported malaria driven local transmission: a case study from Bhutan	**MS2-IIIC.1**	Dr. Kinley Wangdi (Senior Research Fellow), University of Canberra, Australia
1225–1240	Beyond Western Models: A Scoping Review and Contextually Adapted AI Literacy Framework for South Asian Medical Education - The SCALE Framework: Sensitize, Conceptualize, Apply, Lead, Evaluate	**MS2-IIIC.2**	Dr. Subin Hachhethu & Dr. Prashant Raj Karki (Directors), Acaiberry Technologies, Nepal
10 mins	**Q&A session** – based on the above presentations		
1300–1400	**Lunch / Meal Break**		
1400–1415	AI-Based Feedback System for Neonatal Resuscitation: A Feasibility and Pilot Study in Japan and Bhutan	**MS2-IIIC.3**	Dr. Dinesh Pradhan (Neonatologist & Pediatrician), Dept. of Pediatrics, JDWNRH, Bhutan
1415–1430	Objectively Measured Physical Activity Before, During and After COVID-19 Movement Restrictions in Bhutan: N-of-1 Wearable Interrupted Time-Series Study	**MS2-IIIC.4**	Tshering Jamtsho (Sr. Research Officer), Research & Innovation Div., MECRIT, KGUMSB, Bhutan
10 mins	**Q&A session** – based on the above presentations; followed by presentation of **mementos** to **invited speaker, moderators & presenters**		
IV. Session D: PANEL DISCUSSION – Ethics in Health Research			**[1 hr 20 mins]**
Moderators: Mr. Zimba Letho, Lecturer & IRB Chairperson, FNPH, KGUMSB (Chair)			
1440–1500	**Invited speaker** – Panel Discussion	**MS-IVD.a**	Dr. Mongal S Gurung (Principal Research Officer), HIRD, MoH, Bhutan
1500–1505	Chairperson – sets the scene	**MS-IVD.0**	Mr. Zimba Letho, Chairperson, IRB, KGUMSB, Bhutan

1505–1510	**Round 1 – Spotlight Questions: Q1.** As current Chairperson of REBH, you lead national ethics review at a time when institutional committees such as the IRB, KGUMSB are growing and international studies are increasing. Where is Bhutan's ethics review system strongest today, and what is the single most important gap that REBH and institutional committees must close together to meet international standards such as SIDCER-FERCAP?	**MS-IVD.1**	Dr. Chabilal Adhikari (Professor of Community Medicine/REBH Chairperson), FoUGM, KGUMSB, Bhutan *- National Ethics Review*
1510–1515	**Q2.** International frameworks such as the Declaration of Helsinki and the CIOMS guidelines are built largely around individual autonomy. In Bhutan, where family, community and Buddhist values of interdependence shape everyday decisions, how well do these frameworks serve us, and where should we adapt them, particularly on individual versus family or community consent?	**MS-IVD.2**	Mr. Kuenzang (Lecturer), FNPH, KGUMSB, Bhutan *- Health Ethicist*
1520–1525	**Q3.** Ethics committees make decisions every day on consent, confidentiality and the use of health data. Where does current Bhutanese law clearly protect research participants and their data, and where are committees relying on guidelines that have no legal backing? What practical risks does this gap create for participants, researchers and institutions?	**MS-IVD.4**	Mr. Tshering Nidup (Dy. Chief Legal Officer), Legal Services Unit, MoH, Bhutan *- Legal & Regulatory*
1530–1600	**Nutrition Break (Afternoon Tea / Coffee & Snacks)**		
Note for the MC: Following the tea break, Poster Judges are requested to visit the poster exhibition area, attend the poster presentations, and conduct their evaluations.			
1600–1605	**Q4.** Drawing on your experience in global health research and research ethics capacity building, what are the most common ethical pitfalls in international collaborations between high-income partners and smaller countries, particularly in relation to power imbalances, limited local ownership and participation in research, and obtaining valid informed consent among vulnerable populations?	**MS-IVD.4**	Dr. Kaveh Khoshnood (Epidemiology - Microbial Diseases), Yale School of Public Health, USA *- International Research Ethics & Global Health*
1605–1610	**Q5.** As international collaborations grow, Bhutanese blood, tissue, genetic material and data increasingly leave the country. Once samples cross the border, how do we ensure they are used only as agreed, that participants' rights travel with them, and that Bhutan shares fairly in the benefits, from authorship to capacity building? Is our current MTA process strong enough?	**MS-IVD.5**	Dr. Mongal Singh Gurung (Principal Research Officer), HIRD, MoH, Bhutan *- National Research Governance*

10 mins	**Round 2 – Case Challenge:** The case (on screen or Chair reads aloud) - *Chair selects 3–4 of these prompts, depending on time (2 min each)*
10 mins	**Open Floor – Audience Q&A:** *Collect questions through the QR code/Slido (or written cards) from the start of the session. The Chair groups similar questions and directs each to the most relevant panelist. Take 4–5 questions; answers of no more than 2 minutes. Give priority to students, early-career researchers and IRB or REBH members.*
10 mins	**Lightning Close:** ***What is the one change to Bhutan's research ethics system you would make by next year?"*** The Chair closes with ***three key takeaways*** for the conference report.
1640–1700	Presentation of **mementos** to **invited speaker, moderator & panelists.**
END of Day 2 – Main Scientific Sessions: Theme 1 & 2 and Panel Discussion!!!	

DAY 2 - Parallel Symposium 3: Infections and Global Health (Hall-B)

Friday, 27 November 2026 | 0900–1300 Hrs

Time Slot (BST)	Topic / Title	Session	**Presenter:** Title & name, designation, institution, country
I. Session A			**[1 hr 30 mins]**
Moderators: Dr. Tshokey, Consultant Clinical Microbiologist, JDWNRH (Chair) & Dr. Sonam Zangmo, Internal medicine specialist & Infectious disease physician, JDWNRH (Co-chair)			
0900–0930	Setting up a Modern Travel Health Service: Challenges and Opportunities	**S3-IA.1**	Prof. Gerard Flaherty (Professor), University of Galway, Ireland
0930–0950	Tools Facilitating Dengue Molecular Surveillance in Resource-Limited Settings	**S3-IA.2**	Dr. Audrey Dubot-Pérès (Head of Virology), Lao-Oxford-Mahosot Hospital-Wellcome Trust Research Unit (LOMWRU), France
0950–1010	Antimicrobial susceptibility and multidrug-resistance in blood stream infections at a regional hospital, Bhutan	**S3-IA.3**	Mr. Sanga Tenzin (Pharmacist), ERRH, Monggar, Bhutan
1010–1030	From Research to Action: Supporting sustainable AMR solutions in LMICs	**S3-IA.4**	Dr. Pem Choki (Science Advisor), International Center for Antimicrobial Resistance Solutions (ICARS), Copenhagen, Denmark
1030–1100	**Nutrition Break (Morning Tea / Coffee & Snacks)**		
II. Session B			**[2 hrs]**
Moderators: Dr. Tshokey, Consultant Clinical Microbiologist, JDWNRH (Chair) & Dr. Sonam Zangmo, Internal medicine specialist & Infectious disease physician, JDWNRH (Co-chair)			
1100–1120	Leptospirosis: a neglected and re-emerging zoonotic disease	**S3-IIB.1**	Dr. Mathieu Picardea (Head of Laboratory), Institut Pasteur, Paris, France
1120–1140	Sero-epidemiology of leptospirosis in Sarpang, Bhutan	**S3-IIB.2**	Mr. Monu Tamang (Dy. Chief Physiotherapist), CRRH, Gelephu, Bhutan
1140–1200	KAP on leptospirosis and incidence of leptospirosis among clinical specimen at 5 PCR-capable centres	**S3-IIB.3**	Dr. Thinley Dorji (Medical Specialist), CRRH, Gelephu, Bhutan

1200–1220	Contrasting the ecologies of scrub and murine typhus	**S3-IIB.4**	Dr. Ivo Elliott (Consultant in Infectious Diseases), Centre for Tropical Medicine & Global Health, University of Oxford, UK
1220–1240	Recent advances in scrub typhus management	**S3-IIB.5**	Prof. Paul Newton (Professor), Centre for Tropical Medicine & Global Health, University of Oxford, UK
20 mins	**Q&A session** – based on the above presentations; followed by presentation of **mementos** to **invited speaker, moderators & presenters**		
1300–1400	**Lunch / Meal Break**		

END of Day 2 – Parallel Symposium 3 on Infections & Global Health!!

Participants may join Main Hall-A for the Sub-Theme 2 session & Panel Discussion on "Ethics in Health Research."

DAY 3: Parallel Symposia 4 – POCUS & Clinical (Hall-B)

Saturday, 28 November 2026 | 0900–1300 Hrs

Time Slot (BST)	Topic / Title	Session	**Presenter:** Title & name, designation, institution, country
I. Session A: Symposium on Pediatric Point-of-Care Ultrasound (POCUS) – *Current Practice, Emerging AI Applications & Future Directions*			**[1 hr 30 mins]**
Moderators: Dr. Mimi Lhamu Mynak, Pediatrician, NMS, JDWNRH (Chair) & Dr. Jigme Yoezer, Focal DHIU-GMC & Medical Officer, CRRH (Co-chair)			
0900–0920	Pediatric POCUS – Global Perspectives and Clinical Applications	**S4-IA.1**	Dr. Christian Schmidt (Pediatrician & Project Lead), International Paediatric Ultrasound Network (IPUN), Germany
0920–0940	Pediatric POCUS in Bhutan – Current Status and Future Opportunities	**S4-IA.2**	Dr. Sonam (Pediatrician & Pediatric Intensivist), JDWNRH, Bhutan
0940–1000	Artificial Intelligence and the Future of Ultrasound	**S4-IA.3**	Mr. Bishesh Khanal (Founding Director & Research Scientist), NepAl Applied Mathematics and Informatics Institute for research (NAAMII), Nepal
1000–1030	Interactive Discussion and Q&A session focusing on: 1. Practical implementation strategies 2. Research priorities 3. Opportunities for collaboration and innovation 4. Future roadmap for pediatric POCUS and AI integration in Bhutan	**S4-IA.4**	Moderated discussion with speakers and participants
5 mins	Presentation of **mementos** to **invited speaker, moderators & presenters**		
1035–1100	**Nutrition Break (Morning Tea / Coffee & Snacks)**		
II. Session B: Clinical Symposium			**[2 hr 35 mins]**
Moderator: Dr. Aashish Chaudhry, Managing Director & Head, Aakash Healthcare Super Specialty Hospital, New Delhi, India (Chair)			
1100–1120	**Invited speaker** – Clinical Symposium	**S4-IIB.0**	Dr. Aashish Chaudhry (Managing Director & Head), Aakash Healthcare Super Specialty Hospital, New Delhi, India

1120–1135	Carbon-Negative, Kidney-Positive: Rethinking Pediatric Nephrology through Planetary Health	**S4-IIB.1**	Dr. Jimba Jatsho (Consultant Pediatrician), Pediatric Dept., JDWNRH, Bhutan
1135–1150	Person-centred diabetes care in Bhutan	**S4-IIB.2**	Dr. Sanjay Kalra (Consultant Endocrinologist), Dept. of Endocrinology, Bharti Hospital, India
1150–1205	Beyond the Myths: COVID-19 Vaccine Safety and Response – Evidence from Bhutan	**S4-IIB.3**	Dr. Sithar Dorjee (One Health International Consultant), SEARO-WHO, New Delhi, India
10 mins	**Q&A session** – based on the above presentations		
1215–1230	On the far side of avoiding risky substances in Lifestyle Medicine pillar	**S4-IIB.4**	Dr. Bancha Daengneam (Medical Doctor), Thai Lifestyle Medicine and Wellbeing Association (TLWA), Thailand
1230–1245	Bridging Two Knowledge Systems: A Community-Based Capacity Development Framework from Bhutan - **[Online/Virtual Presenter]**	**S4-IIB.5**	Mr. Satoshi Nimura (Medical Researcher/ Academic), Post graduate School of Medicine, Tokai University, Japan
1245–1300	Learning from Nature and Traditional Knowledge: Digital Fingerprinting of Traditional Medicines Transforms Human Experience into AI-ready Knowledge - **[Online/Virtual Presenter]**	**S4-IIB.6**	Mr. Hidenori Nakajima (Medical Researcher), Kyoto Sangyou University, Japan
10 mins	**Q&A session** – based on the above presentations		
1310–1400	**Lunch / Meal Break**		
1400–1415	Strengthening Preventive Health Education for Hypertensive Patients in the Emergency Department, JDWNRH; Bhutan: A Holistic Approach Addressing Challenges and Implementing Interventions	**S4-IIB.7**	Ms. Karma Yangchen (Clinical Nurse), Emergency Dept., JDWNRH, Bhutan
10 mins	**Q&A session** – based on the above presentation; followed by presentation of **mementos** to **invited speaker, moderators & presenters**		

Note to MC: All participants to join **Main Hall-A** for the **Closing & Valedictory Session**.

END of Day 3 – Parallel Symposia 3 on POCUS & Clinical Cases!!!

Hall-B | Saturday, 28 November 2026

DAY 3: Main Scientific Sessions (Main Hall-A)

Saturday, 28 November 2026 | 0900–1700 Hrs

Time Slot (BST)	Particulars	Session	Presenter: Title & name, designation, institution, country
I. Session A: SUB-THEME 3 - Lifestyle Modification for Health & Well-being			**[1 hr 55 mins]**
Moderators: Dr. Diki Wangmo, Dean, Apollo Bhutan Institute of Nursing (ABIN), Thimphu (Chair) & Dr. Mahesh Gurung, Interventional Cardiologist, JDWNRH (Co-chair)			
0900–0920	**Invited speaker** - Sub-Theme 3	**MS3-IA.0**	Dasho Dechen Wangmo (Head), The PEMA Secretariat, Bhutan
0920–0935	Breastfeeding Mothers' and Nurses' Perceptions of Breast Milk Sharing and Donation for Research in Bhutan: A Qualitative Study	**MS3-IA.1**	Mr. Kuenzang (Lecturer), FNPH, KGUMSB, Bhutan
0935–0950	Prevalence of Metabolic Syndrome and its Association with 30-Day Major Adverse Cardiovascular Events in Acute Coronary Syndrome Patients at a National Referral Hospital in Bhutan	**MS3-IA.2**	Dr. Deki Choden (Medical Resident), Dept. of Internal Medicine, FoPGM, KGUMSB, Bhutan
0950–1005	Effect of Perioperative Oral Probiotic Supplementation on Perioperative Neurocognitive Disorders in Elderly Patients Undergoing Hip or Knee Arthroplasty: A Double-Blind Randomized Controlled Trial	**MS3-IA.3**	Prof. Puneet Khanna (Professor), Dept. of Anaesthesiology, All India Institute of Medical Sciences (AIIMS), New Delhi, India
10 mins	**Q&A session** – based on the above presentations		
1015–1030	In vivo visualization of cardiac extracellular adenosine dynamics in heart failure reveals a novel therapeutic target for preserving cardiac health	**MS3-IA.4**	Dr. Phurpa (Assistant Professor), FoUGM, KGUMSB, Bhutan
1030–1100	**Nutrition Break (Morning Tea / Coffee & Snacks)**		
1100–1115	Understanding Childhood Disability Burden and Risk Factors: Evidence from the 2023 National Health Survey	**MS3-IA.5**	Dr. Tashi Dendup (Acting National Director), Save the Children, Bhutan
10 mins	**Q&A session** – based on the above presentations; followed by presentation of **mementos** to **invited speaker, moderators & presenters**		
II. Session B: SUB-THEME 4 - Planetary Health & Emerging Global Health Challenges			**[1 hr 30 mins]**
Moderators: Dr. Sithar Dorjee, One Health International Consultant, SEARO, WHO, New Delhi, India (Chair) & Dr. Dorji Tshering, Chief Medical Officer, Phuentsholing General Hospital, NMS, MoH (Co-chair)			

1125–1145	**Invited speaker** - Sub-Theme 4	**MS4-IIB.0**	Dr. Kaveh Khoshnood (Associate Professor), Epidemiology (Microbial Diseases), Yale School of Public Health, USA
1145–1200	Prevalence of Helicobacter Pylori infection using rapid stool antigen test: a cross-sectional survey among Thimphu city residence	**MS4-IIB.1**	Dr. Passang Lhamo Sherpa (Assistant Professor), FNPH, KGUMSB, Bhutan
1200–1215	Incidence and risk factors of in-hospital morbidities related to excessive weight loss among exclusively breastfed infants ≥36 weeks from an arid region: A prospective cohort study	**MS4-IIB.2**	Dr. Neeraj Gupta (Professor & Head), Dept. of Neonatology, AIIMS, Jodhpur, India
1215–1230	Evidence-based model to address uncorrected refractive error in Bhutan	**MS4-IIB.3**	Mr. Indra P. Sharma (Chief Program Officer), Clinical Service Division, MoH, Bhutan
1230–1245	Bhutan-focused COVID-19 publications from 2020-2024: A Scopus-based bibliometric analysis	**MS4-IIB.4**	Mr. Zimba Letho (Lecturer), FNPH, KGUMSB, Bhutan
10 mins	**Q&A session** – based on the above presentations; followed by presentation of **mementos** to **invited speaker, moderators & presenters**		

Note for the MC: All participants are kindly requested to complete the conference feedback survey during the lunch break by scanning the **QR code** displayed at designated areas.

1305–1400	**Lunch / Meal Break**

I. Closing & Valedictory Session	**[1 hr 40 mins]**

Session A: Keynote address and Conference highlights & summary

1400–1420	**Closing keynote:** Building Resilient and Sustainable Health Systems for Bhutan: *Innovation, Prevention & Collaboration*	**CS-IA.1**	Dasho (Dr.) Pandup Tshering (Dean of Faculty of Health Sciences), Royal Thimphu College (RTC), Bhutan
1420–1440	**Conference Summary:** Key Highlights and Outcomes of the Three-Day Conference	**CS-IA.2**	Mr. Ugyen Norbu (Chief Rapporteur) - 10th ICMH 2026, OOP, DoAA, KGUMSB

II. Session B: Valedictory session & Closing remarks

1440–1530	1. Best presenter award – Oral presentation 2. Best presenter award – Poster presentation 3. Certificates for Judges (Oral & Poster), Rapporteurs, MCs & others	**CS-IIB.1**	Hon'ble President, KGUMSB *The MC to announce the names of the award recipients and certificate recipients.*
1530–1540	Vote of thanks & closing remarks	**CS-IIB.2**	Tshering Jamtsho (Member Secretary) - 10th ICMH 2026, RID-MECRIT, KGUMSB
1540 onwards	**End of 10th ICMH 2026**		

END of Conference (10th ICMH 2026)

THANK YOU & TASHI DELEK!!!

Conference Officials – 10th ICMH 2026

Oral Presentation Judges

1	**Mr. Wangchuk** (Assistant Professor), Public Health & Allied Health Sciences, FNPH, KGUMSB
2	**Dr. Phillip Erbele** (Research Specialist), Research & Innovation Division, MECRIT, KGUMSB
3	**Dr. Namkha Dorji** (Gynecologic Oncologist & Obstetrician), JDWNRH
4	**Dr. Bikram Chhetri** (Psychiatrist), Psychiatry Dept., JDWNRH
5	**Ms. Tshering Dema** (Dy. Nursing Superintendent), Nursing Dept., JDWNRH
6	**Drg. Singye Wangmo** (Drungtsho Tsozin-wom), National Traditional Medicine Hospital (NTMH), MoH

Poster Presentation Judges

1	**Dr. Manikala Moktan** (Assistant Professor), Nursing Department, FNPH, KGUMSB
2	**Dr. Sonam Choden R** (Dy. Dean of Academic Affairs), FoUGM, KGUMSB
3	**Drg. Jamyang Y Dorji** (Lecturer), FoTM, KGUMSB
4	**Ms. Yeshey Zangmo** (Professor/Dy. Dean), Faculty of Nursing & Health Sciences, RTC
5	**Mr. Tashi Norbu** (Chief Program Officer), CPD, MECRIT, KGUMSB
6	**Dr. Rojna Rai** (Obstetrician & Gynecologist), Obstetrics & Gynecology Dept., JDWNRH

Rapporteurs

1	**Chief Rapporteur (Main Hall-A):** Mr. Ugyen Norbu (Chief Curriculum Officer), Dept. of Academic Affairs, KGUMSB
2	**Chief Rapporteur (Hall-B):** Mr. Sonam Phuntsho (Sr. Planning Officer), Planning Division, DoPSD, KGUMSB
3	**Rapporteur 1 (Main Hall-A):** Ms. Sonam Pemo (Asst. Research Officer), RID, MECRIT, KGUMSB
4	**Rapporteur 2 (Hall-B):** Sonam Norbu (Asst. Program Officer), OOP, DoAA, KGUMSB

Masters of Ceremonies (MC)

1	**Dzongkha MC** (Inaugural Ceremony): Drg. Tshewang Gyeltshen (Associate Lecturer), FoTM, KGUMSB
2	**English MC (Inaugural Ceremony):** Dr. Thinley Zangmo (Associate Lecturer), FoUGM, KGUMSB
3	**Main Hall-A (Day 1)**: Dr. Thinley Zangmo (Associate Lecturer), FoUGM, KGUMSB & Ms. Tshering Choden (Asst. Research Officer), RID, MECRIT, KGUMSB
4	**Main Hall-A (Day 2)**: Ms. Tshering Choden (Asst. Research Officer), RID, MECRIT, KGUMSB & Ms. Tashi Choden (Planning Officer), Planning Division, DoPSD, KGUMSB
5	**Main Hall-A (Day 3)**: Ms. Anjana Pradhan (Chief Human Resource Officer), OOP, DoPSD, KGUMSB & Ms. Tashi Choden (Planning Officer), Planning Division, DoPSD, KGUMSB
6	**Hall-B (Day 1)**: Ms. Tashi Choden (Planning Officer), Planning Division, DoPSD, KGUMSB & Ms. Chimi Wangmo (Associate Lecturer), Midwifery Department, FNPH, KGUMSB
7	**Hall-B (Day 2)**: Ms. Chimi Wangmo (Associate Lecturer), Midwifery Department, FNPH, KGUMSB & Ms. Tshering Choden (Asst. Research Officer), RID, MECRIT, KGUMSB

8	**Hall-B (Day 3)**: Ms. Chimi Wangmo (Associate Lecturer), Midwifery Department, FNPH, KGUMSB & Ms. Tshering Choden (Asst. Research Officer), RID, MECRIT, KGUMSB

Time Keepers	
1	**Main Hall-A:** Mr. Samdrup Dorji (Associate Lecturer), FNPH, KGUMSB & Mr. Mani Kumar Bhandari (Research Assistant), BICC, RID-MECRIT, KGUMSB
2	**Hall-B:** Mr. Ugyen Wangchuk (Associate Lecturer), FNPH, KGUMSB & Mr. Ugyen Rangdrol Tshering (Asst. Program Officer), FoUGM, KGUMSB