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གོ་སའ་རྒྱལ་པོ་གསོ་བ་རིག་པའི་སློབ་ལག་སློབ་སྡེ།

FACULTY OF TRADITIONAL MEDICINE

KHESAR GYALPO UNIVERSITY OF MEDICAL SCIENCES OF
BHUTAN



3rd National Sorig Conference 15th -16th May, 2026

ཞིབ་འཚོལ་དང་གསར་གཏོང་གི་ཐོག་ལས་སྐབས་ལྷན་ཁྲིམས་འདམའི་གསོ་བ་རིག་པའི་ལག་ལེན།

Research, Innovation and Evidence-Based Practice in Sowa Rigpa

DAY II

Chair	Dr. Kipchu Tshering Dy. Dean, FoUGM	Date	16 th May, 2026
Co- Chair	Drg. Singye Wangmo HoD, NTMH	Venue	MPH, FoTM
		MC/Moderator	Drg. Jigme Rinchen Drg. Choki Wangmo
Time	Proceeding		
Sub-Theme II: Innovation in Sowa Rigpa Education			
09:30 – 09:45 AM	Invited Speaker: Dr. Karma Tenzin, <i>VIRTUAL</i> , Associate Professor		
09:45 – 10:00 AM	Question & Answer Session		
10:00 – 10:15 AM	Presenter 4: Drg. Chencho Tshering MD Student, FoTM	Article Title: Management of Localized Cutaneous Vasculitis using Jamtsi and Tsha-Wa-Sum therapy: A case report	
10:15 – 10:30 AM	Question & Answer Session		
10:30 – 11:00 AM	TEA BREAK		
11:00 – 11:15 AM	Presenter 5: Mr. Monu Tamang Physiotherapist, CRRH	Article Title: Assessing Pain intensity in people from non-western countries: A multicenter study comparing four pain scales in adults with musculoskeletal pain in Bhutan.	
11:15 – 11:30AM	Question & Answer Session		
11:30 – 11:45AM	Presenter 6: Mrs. Tamanna Giri Pharmacist, MSPCL	Article Title: Sustainability and supply chain risk of the critically endangered	

		components of <i>Agar-35</i> tablets: Modified Delphi method	
11:45AM -12:00 PM	Question & Answer Session		
Award of memento to Invited Speaker, Chair & Co-Chair			
Chair	Drg. Tendrel Wangdi Dy Dean, SA, FoTM	Date	16 th May, 2026
Co- Chair	Dr. Thubten Palzang, Acupuncturist, JDWNRH	Venue	MPH, FoTM
Sub Theme III: Accessibility to Sowa Rigpa Knowledge beyond Bhutan			
12:00 – 12:15 PM	Invited Speaker: Mr. Dorji Dradhul Executive Director, Arura Academic of Health Sciences		
12:15 – 12:30 PM	Presenter 7: Drg. Rinzin Wangdi & Drg. Deki Lhamo TM Physician, District Hospital, Tsirang	Article Title: Knowledge, attitude and practice towards utilization of Traditional Medicine (<i>Sowa Rigpa</i>) service among patients in selected districts in Bhutan: <i>A mixed method study.</i>	
12:30 – 12:45 PM	Question & Answer Session		
12:45 – 01:00 PM	Presenter 8: Drg. Dorji Gyeltshen TM Physician, NTMH	Article Title: Efficacy and Safety of Warm Acupuncture Compared to Gabapentin in Pain Management of Patients with Sciatica in Bhutan: <i>A Randomized Non-Inferiority (ACUWARM) Trail</i>	
01:00-01:15 PM	Question & Answer Session		
01:15 – 01:30 PM	Award of memento to Invited Speaker, Chair & Co-Chair		
01:30 – 02:30 PM	LUNCH BREAK		
02:30 – 02:45 PM	Presenter 9: Mr. Tenzin Phuntsho Tshering 4 th Year, BTM	Article Title: Exploring the knowledge, Attitude and Practice of Traditional Medicine Drugs Among Patients visiting NTMH.	
02:45 – 03:00 PM	Question & Answer Session		
Award of memento to Invited Speaker, Chair & Co-Chair			
Chair	Mr. Tshering Tenzin	Date	16 th May, 2026

	CEO, MSPCL		
Co- Chair	Drg. Karma Ugyen Sr. Physician, NTMH	Venue	MPH, FoTM
Sub-Theme IV: Ancient Secrets of Sowa Rigpa for Wellbeing			
03:00 – 03:15 PM	Invited Speaker: Drg. Dorji Gyeltshen (TM Physician, NTMH)		
03:15 – 03:30 PM	Question & Answer Session		
03:30 – 03:35 PM	Presenter 10: Drg. Phuntsho Wangdi TM Physician, Pangbang, Zhemgang	Article Title: Factors associated with levels of stress among students at selected schools in Bhutan: <i>A cross-sectional Study.</i>	
03:35- 03:50 PM	Question and Answer session		
03: 50 – 04:20 PM	EVENING TEA BREAK		
04:20 – 04:35 PM	Presenter 11: Mr. Ugyen Tshering Sr. Menpa, Chumey Bumthang	Article Title: Proportions and patterns of Spiritual and/or Local Healing practices availed among patients visiting outpatient clinics at selected health centers: <i>A mixed- method study.</i>	
04:35 – 04:50 PM	Question and Answer session		
04: 55 – 05:10 PM	Presenter 12: Ms. Thinley Wangmo 4 th Year, BTM	Article Title: Patient Perceptions on the use of Pulse Diagnosis, and its influence on Patient Satisfaction During Outpatient Consultation at NTMH.	
05-10 – 05:25 PM	Question and Answer session		
Award of memento to Invited Speaker, Chair & Co-Chair			
CLOSING PROGRAM			
✓ <i>Award of certificates and mementos to all the presenters.</i>			
✓ <i>Declaration of 3 best presenters.</i>			

THANK YOU!