

# 9th International Conference on Medical & Health Sciences



**Thursday 28 August 2025 - Saturday 30 August 2025**

**Zhichenkhar, Library of Mind, Body & Sound Centre for Bhutan & GNH Studies**

## Scientific Programme

## **Advancing Nutrition and Combating Non-Communicable Diseases for a Healthier Future**

## **Innovative Approaches to Mental Health, Healthcare Delivery, and Aging: Shaping the Future of Global Health**

## **Embracing Digital Transformation and Telemedicine/Telehealth for Advancing Quality Healthcare and Effective Health Communication**

## **Navigating the Challenges of Fertility Decline and Demographic Shift: Socio-Economic Impacts and Public Health Strategies**